



## THEME

**Our Strongest Desires vs. Our Deepest Desires** > Meaningful, Lasting, Right Relationship with God + Others

## ANCHORED TO TRUTH

Ecclesiastes 4:9-12, John 15:12-17, 1 Thessalonians 5:11, Proverbs 18:24-25, Proverbs 27:17, 1 Peter 4:8-10

## CONVERSATION

1. If you could make one person back home move to Prescott while you're in school - who would it be?
  - a. Why?
  - b. Was it tough saying goodbye to them?
2. A comprehensive, 80 year [Harvard Study](#) of "Adult Development" found *close relationships* the single most important indicator of physical, emotional + mental health - more than cash, career, recognition, etc.
  - a. Why are close relationships so powerful?
  - b. Where do they bring us that we can't go otherwise?
  - c. How hard is it to find close, meaningful relationships with others?
  - d. What have you found to be the most direct route to those kind of relationships?
3. Check out [Ecclesiastes 4:9-12](#)

9 Two people are better off than one, for they can help each other succeed. 10 If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. 11 Likewise, two people lying close together can keep each other warm. But how can one be warm alone? 12 A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.

4. In what way could friendships forged in a group like this "reach out and help" if we're struggling?
5. How can we "stand back to back" to help defend each other this year?
  - a. What kind of "enemies" do we need to help defend one another from?
  - b. What kind of things could get in the way of us helping one another?
  - c. How can we beat these obstacles?

## RESPOND

- What's something tangible we can do together to set the table for close, meaningful friendships?
- When? Where can we do this?

**Pray for each other + the year ahead**